

therapies & prices



physical therapies

acupuncture	first consultation £65.	from £50
bowen therapy	first consultation and treatment	from £55
EMMETT muscle release		from £45
hopi ear treatment		from £50
indian head massage		from £60
massage:sports therapy & mobility work		from £65
massage:holistic, hot stone & deep tissue & aromatherapy		from £50
natural healing		from £60
reflexology	first consultation £60.	from £55
reiki		from £60
rejuvenescence facial		from £50

talking therapies

coaching		from £80
counselling		from £60
hypnotherapy		from £80
psychodynamic therapy		from £60

other therapies

nutritional therapy		packages from £295
homeopathy & e-Lybra	packages treatments range from	£120
ayurvedic treatment & yoga therapy	treatments range from	£60
foot health	first consultation and treatment	£55

Treatments vary in duration.
Please speak with your practitioner.
Payment plans available for some treatments.
Cancellation policy applies - please read 'important notes' on our website.